

August 2026 Activities

Monday 3	Tuesday 4	Wednesday 5	Thursday 6	Friday 7
8:30 AM- Crafting Group 10:00AM -Bingo 11:00 Bingocize 11:00AM Clothes Closet 11:30AM Lunch	9:00AM Seated Tai Chi 9:00 AM Quilters 10:00AM Bingo 11:00 AM Blood Pressure Checks 11:00AM Chair Yoga 11:30AM Lunch 6:00PM Good Ole Gospel Music Night	9:00AM- Sewing 9:00 AM Geri-Fit Exercise 10:00AM –Sponsored Bingo 11:30AM Lunch 12:00PM– Mahjong 1:00PM Sourdough Class	10:00AM Bingo 11:00 AM Bingocize 11:30AM Lunch 12:00PM Root Beer Float Day 12:30 PM- Open Cards	9:00AM Library Pop Up 9:00AM Breakfast Buffet 10:00AM Bingo 11:30AM Lunch 12:00PM Euchre 1:00PM Geri Fit Exercise
10	11	12	13	14
8:30 AM- Crafting Group 9:00AM Tai Chi Class 10:00AM -Bingo 11:00 Bingocize 11:00AM Clothes Closet 11:30AM Lunch	9:00AM Seated Tai Chi 9:00 AM Quilters 10:00AM Sponsored Bingo 11:00 AM Blood Pressure Checks 11:00AM Chair Yoga 11:30AM Lunch 1:30PM Alzheimer’s Support Group	9:00AM- Geri Fit Exercise 9:00AM- Sewing 10:00AM Bingo 11:30 AM Lunch 12:00PM– Mahjong 12:30PM Team Trivia	8:45AM– Lion King Trip 10:00AM Sponsored Bingo 11:00AM Bingocize 11:30AM Lunch 12:30 PM- Open Cards 1:00PM Huntington Fraud/Scam Awareness Bingo	9:00AM Geri Fit Exercise 10:00AM Bingo 11:30AM Cookout Lunch 12:00PM Euchre 1:00PM Geri Fit Exercise
17	18	19	20	21
8:30AM Crafting Group 9:00 AM Tai Chi Class 10:00AM Bingo 11:00 AM Bingocize 11:00AM Clothes Closet 11:30AM Lunch 12:00PM Pleasant City Site Activity 1:00 PM Diamond Art Craft Class	9:00AM Seated Tai Chi 9:00 AM Quilters 10:00AM Sponsored Bingo 11:00 AM Blood Pressure Checks 11:00AM Chair Yoga 11:30AM Lunch 12:00PM Cumberland Site Activity	9:00AM- Sewing 9:00 AM Geri-Fit Exercise 10:00AM –Bingo 11:30AM Lunch 12:00PM– Mahjong 12:00PM Old Washington Site Activity	10:00AM Bingo 11:30AM Lunch 12:30 PM- Open Cards 4:00-5:00PM Grab & Go Dinner 5:00PM- Monthly Dine In Senior Dinner	9:00 AM Geri-Fit Exercise 10:00AM Bingo 10:00 AM - 3:00 PM- Food Commodity Pick Up 11:30AM– Lunch 12:00PM Jarvis Law Presentation 12:30 PM- Euchre 1:00 PM Geri-Fit Exercise
24	25	26	27	28
8:30AM Crafting Group 9:00 AM Tai Chi Class 10:00AM Bingo 11:00 AM Bingocize 11:00AM Clothes Closet 11:00AM Lunch Bunch Group 11:30AM Lunch	9:00AM Seated Tai Chi 9:00 AM Quilters 10:00AM Bingo 11:00 AM Blood Pressure Checks 11:00AM Chair Yoga 11:30AM Lunch 12:00PM Byesville Site Activity 4:00 Byesville Dinner	8:15AM Elvis Tribute Boat Trip 9:00AM- Sewing 9:00 AM Geri-Fit Exercise 10:00AM –Bingo 11:30AM Lunch 12:00PM– Mahjong	10:00AM Sponsored Bingo 11:00 AM Bingocize 11:30AM Lunch 12:30 PM- Open Cards 1:30PM Greeting Card Class	9:00AM Geri Fit Exercise 10:00AM Bingo 11:30AM Birthday Luncheon 12:30 PM- Euchre 1:00PM Geri Fit Exercise
31				
8:30AM Crafting Group 9:00 AM Tai Chi Class 10:00AM Bingo 11:00 AM Bingocize 11:00AM Clothes Closet 11:30AM Lunch				

August 2026 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 Kielbasa w/Peppers & Onions Haluski Key Largo Vegetables Sliced Peaches Choice of Bread/Margarine Choice of Milk	4 Baked Lasagna French Style Green Beans Chery Crisp 100% Fruit Juice Garlic Bread Choice of Milk	5 Monterey Chicken Loaded Mashed Potatoes Buttered Corn Fresh Orange Choice of Bread/Margarine Choice of Milk	6 Turkey & Swiss Croissant w/ Lettuce & Tomato Broccoli Salad Fresh Grapes Tapioca Pudding Choice of Milk	7 Lemon Pepper Fish over Rice Pilaf Carrots Warm Cinnamon Applesauce Coleslaw Choice of Bread/Margarine Choice of Milk
10 Honey Dijon Chicken Scalloped Potatoes Mixed Vegetables Fresh Pear Choice of Bread/Margarine Choice of Milk	11 BBQ Pork Chop Red Beans & Rice Peas Fruit Cocktail Choice of Bread/Margarine Choice of Milk	12 Beef Stroganoff w/Noodles Baby Carrots Blueberry Crisp 100% Fruit Juice Choice of Milk	13 Cobb Salad w/Dressing & Crackers Three Bean Salad Sliced Strawberries Blueberry Muffin Choice of Milk	14 Mushroom Swiss Burger German Potato Salad Brown Sugar Baked Beans Tomato & Cucumber Salad Fresh Apple Choice of Milk
17 Crispy Chicken Leg Macaroni & Cheese Seasoned Green Beans Mixed Fruit Cup Coleslaw Choice of Bread/Margarine Choice of Milk	18 Cabbage Roll Mashed Potatoes Creamed Corn Tropical Fruit Choice of Bread/Margarine Choice of Milk	19 Salisbury Steak Red Skinned Potatoes Italian Vegetables Applesauce Choice of Bread/Margarine Choice of Milk	20 Glazed Ham Baby Baker Potatoes Lima Beans 100% Fruit Juice Cornbread/Margarine Choice of Milk	21 Open Faced Roast Beef w/ Texas Toast Mashed Potatoes w/Beef Gravy Broccoli Florets Fresh Banana Choice of Milk
24 Meatball Sub Potato Wedges Baby Carrots Pineapple Chunks Choice of Milk	25 Pork Loin w/Pork Gravy Diced Sweet Potatoes Cauliflower w/Cheese Sauce Mandarin Oranges Dinner Roll/Margarine Choice of Milk	26 Chicken Strips w/Ranch Baked Beans Brussel Sprouts Watermelon Choice of Bread/Margarine Choice of Milk	27 Beef Ravioli w/Marinara Sauce Italian Blend Vegetables Cinnamon Pears 100% Fruit Juice Breadstick/Margarine Choice of Milk	28 Scrambled Eggs Sausage Gravy & Biscuit Hashbrown Triangle 100% Tomato Juice Choice of Milk
31 Chipped Beef over Mashed Potatoes Sliced Carrots Harvard Beets Pineapple Tidbits Biscuit/Margarine Choice of Milk	We invite you to join us for lunch at the Guernsey County Senior Center from 11:30 am until 1:00 pm Monday – Friday. The Byesville Site serves lunch at 11:30 am. Monday—Friday. Pleasant City 11:30-1:00 pm Monday & Thursday, Cumberland 11:30-1:00 pm, Tuesday & Friday, Londonderry site is temporarily closed, and Old Washington site Wednesday & Friday from 11:30am-1:00pm. Dine-In or Grab & Go Options Available. If you have any questions about our nutrition services please call 740-439-5717 or toll free at 1-866-534-2349. Each meal includes a choice of white, wheat, or specified bread and a choice of either 2% or Skim Milk. Ingredient content can be found on our website at www.GuernseySenior.org. <u>*Menu subject to change depending on item availability.</u> This institution is an equal opportunity provider.			