

June 2026 Activities

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
9:00 AM Crafting Group 9:00 AM Tai Chi Class 10:00AM Bingo 11:00 AM Bingocize 11:00 Clothes Closet 11:30AM Lunch 12:00PM Pleasant City Site Activity 12:30PM Line Dancing Class	9:00AM Seated Tai Chi 9:00 AM Quilters 10:00AM Bingo 11:00 AM Blood Pressure Checks 11:00AM Chair Yoga 11:30AM Lunch 12:00PM Cumberland Site Activity 1:00 PM Cardio Drumming Class	9:00AM- Sewing 9:00 AM Geri-Fit Exercise 10:00AM –Sponsored Bingo 11:30AM Lunch 12:00PM– Mahjong 12:00PM Old Washington Site Activity	10:00AM Bingo 11:00 AM Bingocize 11:30AM Lunch 12:30 PM- Open Cards	9:00AM Breakfast Buffet 9:00AM Library Pop-Up 10:00AM Sponsored Bingo 11:30AM Lunch 12:00PM Euchre 12:00PM Old Washington Site Activity 1:00PM Geri Fit Exercise
8	9	10	11	12
8:30 AM- Crafting Group 9:00 AM Tai Chi Class 10:00AM -Bingo 11:00 Bingocize 11:00AM Clothes Closet 11:30AM Lunch 12:30PM Line Dancing Class	9:00AM Seated Tai Chi 9:00 AM Quilters 10:00AM Sponsored Bingo 11:00 AM Blood Pressure Checks 11:00AM Chair Yoga 11:30AM Lunch 1:00 PM Cardio Drumming Class 1:30PM Alzheimer’s Support Group	9:15AM Guardians Game Trip 9:00AM- Geri Fit Exercise 9:00AM- Sewing 10:00AM Bingo 11:00 AM Dehydrating Produce Class 11:30 AM Lunch 12:00PM– Mahjong 1	10:00AM Bingo 11:00AM Bingocize 11:30AM Lunch 12:30 PM- Open Cards	9:00 AM Geri-Fit Exercise 10:00AM Sponsored Bingo 11:30AM Lunch 12:00PM Euchre 1:00PM Geri Fit Exercise
15	16	17	18	19
8:30AM Crafting Group 9:00 AM Tai Chi Class 10:00AM Bingo 11:00 AM Bingocize 11:00AM Clothes Closet 11:30AM Lunch 12:30PM Line Dancing Class Wear Purple for Elder Abuse Awareness Day	9:00AM Seated Tai Chi 9:00 AM Quilters 10:00AM Sponsored Bingo 11:00 AM Blood Pressure Checks 11:00AM Chair Yoga 11:30AM Lunch 1:00 PM Cardio Drumming Class	9:00AM- Sewing 9:00 AM Geri-Fit Exercise 10:00AM –Bingo 11:30AM Lunch 12:00PM– Mahjong	10:00AM Bingo 11:30AM Lunch 12:30 PM- Open Cards 4:00-5:00PM Grab & Go Dinner 5:00PM- Monthly Dine In Senior Dinner	9:00 AM Geri-Fit Exercise 10:00AM Sponsored Bingo 10:00 AM - 3:00 PM- Food Commodity Pick Up 11:30AM– Father’s Day Cook Out 12:30 PM- Euchre 1:00 PM Geri-Fit Exercise
22	23	24	25	26
8:30AM Crafting Group 9:00 AM Tai Chi Class 10:00AM Bingo 11:00 AM Bingocize 11:00AM Clothes Closet 11:30AM Lunch Bunch Group 11:30AM Lunch 12:30PM Line Dancing Class 2:00 PM Painting Class	9:00AM Seated Tai Chi 9:00 AM Quilters 10:00AM Bingo 11:00 AM Blood Pressure Checks 11:00AM Chair Yoga 11:30AM Lunch 1:00 PM Cardio Drumming Class	9:00AM- Sewing 9:00 AM Geri-Fit Exercise 10:00AM –Bingo 11:30AM Lunch 12:00PM– Mahjong	10:00AM Bingo 11:00 AM Bingocize 11:30AM Birthday Celebration Lunch 12:30 PM- Open Cards 1:30 Greeting Card Class	8:15 AM Stan Hywet & Gardens Tour Trip 9:00AM Geri Fit Exercise 10:00AM Sponsored Bingo 11:00AM Lunch 12:30 PM- Euchre 1:00PM Geri Fit Exercise
29	30			
8:30AM Crafting Group 9:00 AM Tai Chi Class 10:00AM Bingo 11:00 AM Bingocize 11:00AM Clothes Closet 11:30AM Lunch 12:30PM Line Dancing Class	9:00AM Seated Tai Chi 9:00 AM Quilters 11:00 AM Blood Pressure Checks 11:00AM Chair Yoga 11:30AM Lunch 12:00PM Byesville Site Activity 1:00 PM Cardio Drumming Class 4:00 Byesville Dinner			

June 2026 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 Pork Fritter w/Gravy Diced Potatoes Yellow Squash 100% Fruit Juice Choice of Bread/Margarine Choice of Milk	2 BBQ Beef w/Bun Sweet Potatoes Creamed Peas Fresh Pear Dinner Roll/Margarine Choice of Milk	3 Baked Chicken Au Gratin Potatoes Baby Carrots Mixed Fruit Choice of Bread/Margarine Choice of Milk	4 Meatloaf Parsley Potatoes Capri Vegetables Apricots Knot Roll/Margarine Choice of Milk	5 Cheese Ravioli w/Meat Sauce Tossed Salad w/Dressing Italian Green Beans Apple Crisp Garlic Bread Choice of Milk
8 Cabbage Roll Mashed Potatoes Buttered Corn Fresh Orange Choice of Bread/Margarine Choice of Milk	9 Italian Pork Chop Oven Roasted Potatoes Mixed Vegetables Fresh Banana Choice of Bread/Margarine Choice of Milk	10 Swedish Meatballs over Buttered Noodles Peas California Blend Vegetables 100% Fruit Juice Choice of Bread/Margarine Choice of Milk	11 Bourbon Chicken Baby Baker Potatoes Brussel Sprouts Strawberries Dinner Roll/Margarine Choice of Milk	12 Philly Steak w/Hoagie Bun Hashbrown Casserole Seasoned Green beans Ambrosia Salad Choice of Milk
15 Sweet & Sour Chicken over Rice Scalloped Potatoes Peas & Carrots Peaches Choice of Bread/Margarine Choice of Milk	16 Sausage Gravy Cheese Omelet Potatoes O' Brian Fresh Apple Biscuit/Jelly Tomato Juice Choice of Milk	17 Pepperoni Pizza Italian Blend Vegetables Cherry Crumble 100% Fruit Juice Choice of Milk	18 Chef Salad w Ham, Turkey & Egg/Dressing Grape Salad Pickled Beets Blueberry Muffin Choice of Milk	19 Cheeseburger w/Bun Seasoned Potato Wedges Baked Beans Tropical Fruit Chocolate Chip Blondie Choice of Milk
22 Salisbury Steak Sour Cream & Chive Mashed Potatoes Lima Beans Peaches Choie of Bread/Margarine Choice of Milk	23 Ritz Chicken Noodle Casserole Red Skinned Potatoes Warm Apple Slices 100% Fruit Juice Choice of Bread/Margarine Choice of Milk	24 Baked Ham Slice Cheesy Potatoes Seasoned Spinach Pineapple Tidbits Dinner Roll/Margarine Choice of Milk	25 Sloppy Joe w/Bun Tator Tots Broccoli w/Cheese Granny Smith Apple Choice of Milk	26 Country Fried Steak w/Gravy Yukon Gold Potatoes Buttered Peas Fruit Cocktail Choice of Bread/Margarine Vanilla Pudding Choice of Milk
29 Fish w/Tarter Sauce Rice Pilaf Stewed Tomatoes 100% Fruit Juice Italian Bread/Margarine Choice of Milk	30 Beef Roast Whole Potatoes Glazed Carrot Coins Diced Pears Dinner Roll/Margarine Choice of Milk	We invite you to join us for lunch at the Guernsey County Senior Center from 11:30 am until 1:00 pm Monday – Friday. The Byesville Site serves lunch at 11:30 am. Monday—Friday. Pleasant City 11:30-1:00 pm Monday & Thursday, Cumberland 11:30-1:00 pm, Tuesday & Friday, Londonderry site is temporarily closed, Tuesday & Thursday, and Old Washington site Wednesday & Friday from 11:30am-1:00pm. Dine-In or Grab & Go Options Available. If you have any questions about our nutrition services please call 740-439-5717 or toll free at 1-866-534-2349. Each meal includes a choice of white, wheat, or specified bread and a choice of either 2% or Skim Milk. Ingredient content can be found on our website at www.GuernseySenior.org . <i>*Menu subject to change depending on item availability.</i> This institution is an equal opportunity provider.		