



May 2026 Activities

Monday	Tuesday	Wednesday	Thursday	Friday
				1 8:00AM-10:00AM Free Hearing Screening 9:00AM Breakfast Buffet 9:00AM Library Pop-Up 9:00AM Dermascan 10:00AM Bingo 11:30AM Lunch 12:00PM Euchre 12:00PM Old Washington Site Activity 1:00PM Geri Fit Exercise
4	5	6	7	8
8:30 AM- Crafting Group 9:00 AM Tai Chi Class 10:00AM -Bingo 11:00AM Clothes Closet 11:30AM Lunch 12:00PM Pleasant City Site Activity 12:30PM Line Dancing Class	9:00AM Quilters 11:00AM Blood Pressure Checks 11:30AM Lunch 12:00PM Cumberland Site Activity Due to Guernsey County Senior Center being a voting precinct on there will be NO bingo, or cardio drumming on this day	9:00AM- Geri Fit Exercise 9:00AM- Sewing 10:00AM Sponsored Bingo 11:00AM Cambridge Choir 11:30 AM Mother's Day Luncheon 12:00PM- Mahjong 12:00PM-2:00PM Hand Massage & Paraffin Dip 6:00PM Good Ole Gospel Music Night	10:00AM Sponsored Bingo 11:30AM Lunch 12:30 PM- Open Cards	10:00AM Bingo 11:30AM Lunch 12:00PM Euchre 1:00PM Geri Fit Exercise Older Adult Extravaganza at Prichard Laughlin Civic Center 10:00AM-1:00PM
11	12	13	14	15
8:30AM Crafting Group 9:00 AM Tai Chi Class 10:00AM Bingo 11:00AM Clothes Closet 11:30AM Lunch 12:30PM Line Dancing Class	11:30AM-1:00PM Grab & Go Lunch No activities will be held at the Senior Center on this day due to preparations for the Senior Citizens Day Luncheon	Senior Citizens Day Luncheon Begins at 11:00AM Advanced Tickets Required Dine In Only on this day, NO Grab & Go	10:00AM Bingo 11:30AM Lunch 12:30 PM- Open Cards 4:00-5:00PM Grab & Go Dinner 5:00PM- Monthly Dine In Senior Dinner	10:00AM Sponsored Bingo 10:00 AM - 3:00 PM- Food Commodity Pick Up 11:30AM- Lunch 12:30 PM- Euchre
18	19	20	21	22
8:30AM Crafting Group 9:00 AM Tai Chi Class 10:00AM Bingo 11:00AM Clothes Closet 11:30AM Lunch Bunch Group 11:30AM Lunch 12:30PM Line Dancing Class 2:00PM Painting Class	9:00 AM Quilters 10:00AM Sponsored Bingo 11:00 AM Blood Pressure Checks 11:00AM Chair Yoga 11:30AM Lunch 1:00 PM Cardio Drumming Class 1:30PM Alzheimer's Support Group	9:00AM- Sewing 10:00AM -Bingo Senior Citizens Picnic at the Cambridge City Park 11:00 AM—1:30 PM Advanced Tickets Required 11:30AM Lunch 12:00PM- Mahjong	10:00AM Sponsored Bingo 11:30AM Lunch 12:30 PM- Open Cards	9:00AM Geri Fit Exercise 10:00AM Bingo 11:30AM- Memorial Day Cookout for Lunch 12:30 PM- Euchre 1:00PM Geri Fit Exercise
25	26	27	28	29
CLOSED 	9:00 AM Quilters 10:00AM Sponsored Bingo 11:00 AM Blood Pressure Checks 11:00AM Chair Yoga 11:30AM Lunch 12:00PM Byesville Site Activity 1:00PM Devoted Health Craft 1:00 PM Cardio Drumming Class	7:45AM Tanger Outlet Shopping Trip 9:00AM Geri fit Exercise 10:00AM Bingo 11:30AM Lunch 12:30 PM- Open Cards	10:00AM Bingo 11:30AM- Lunch 12:30 PM- Open Cards 12:00PM-1:30PM Ice Cream Treat Day at Razor's 1:30 PM Greeting Card Class	9:00AM Geri Fit Exercise 10:00AM Bingo 11:30AM Birthday Lunch 12:30 PM- Euchre 1:00PM Geri Fit Exercise

May 2026 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>We invite you to join us for lunch at the Guernsey County Senior Center from 11:30 am until 1:00 pm Monday – Friday. The Byesville Site serves lunch at 11:30 am. Monday—Friday. Pleasant City 11:30-1:00 pm Monday & Thursday, Cumberland 11:30-1:00 pm, Tuesday & Friday, Londonderry site serves at 11:30 on Monday, Tuesday & Thursday, and Old Washington site Wednesday & Friday from 11:30am-1:00pm. Dine-In or Grab & Go Options Available. If you have any questions about our nutrition services please call 740-439-5717 or toll free at 1-866-534-2349. Each meal includes a choice of white, wheat, or specified bread and a choice of either 2% or Skim Milk. Ingredient content can be found on our website at www.GuernseySenior.org. <i>*Menu subject to change depending on item availability.</i></p> <p style="text-align: center;">This institution is an equal opportunity provider.</p>				<p>1 Baked Macaroni & Cheese Stewed Tomatoes Lima Beans Berry Mix Choice of Milk</p>
<p>4 Monterey Chicken Roasted Red Potatoes Key Largo Vegetables Fresh Orange Choice of Bread/Margarine Choice of Milk</p>	<p>5 Salisbury Steak W/Gravy Mashed Potatoes Mixed Vegetables Diced Pears Dinner Roll/Margarine Choice of Milk</p>	<p>6 Chicken Salad w/Croissant Broccoli Cheddar Soup Celery & Carrot Sticks w/ Ranch Fresh Fruit Cup Vanilla Pudding Parfait Choice of Milk</p>	<p>7 Lasagna French Style Green Beans Tossed Salad w/Dressing Clemantine Garlic Bread Choice of Milk</p>	<p>8 Philly Steak w/Bun Tater Tots Broccoli Florets Fresh Grapes Choice of Milk</p>
<p>11 Chicken Strips w/Ranch Whole Buttered Potatoes Creamed Peas Fresh Banana Choice of Bread/Margarine Choice of Milk</p>	<p>12 Bourbon Pork Loin Sweet Potatoes California Blend Vegetables Fresh Apple Dinner Roll/Margarine Choice of Milk</p>	<p>13 Ham Salad w/Bun Potato Salad Cucumber & Onions Apricots Choice of Milk</p>	<p>14 Breakfast Casserole Seasoned Diced Potatoes Spiced Peaches 100% Fruit Juice Biscuit/Jelly Choice of Milk</p>	<p>15 Lemon Pepper Fish Rice Pilaf Succotash Strawberries Coleslaw Breadstick/Margarine Choice of Milk</p>
<p>18 Cabbage Roll Mashed Potatoes Peas & Carrots 100% Fruit Juice Choice of Bread/Margarine Choice of Milk</p>	<p>19 Turkey & Noodles Yukon Gold Potatoes Cauliflower Granny Smith Apple Choice of Bread/Margarine Choice of Milk</p>	<p>20 Smoked Sausage Diced Potatoes Baked Beans Banana's w/Strawberry Glaze Choice of Bread /Margarine Choice of Milk</p>	<p>21 Meatloaf Loaded Mashed Potatoes Brussel Sprouts Apricots Knot Roll/Margarine Choice of Milk</p>	<p>22 Cheeseburger w/Bun Scalloped Potatoes Buttered Corn Fruit Cocktail Holiday Cake Choice of Milk</p>
<p>25 Closed in Observation of Memorial Day. Frozen Meals are Available upon Request</p>	<p>26 Sausage Pizza Blueberry Crisp Zucchini & Squash Mix Peaches Choice of Milk</p>	<p>27 Johnny Marzetti Italian Green Beans Tossed Salad w/Dressing Cinnamon Applesauce Garlic Bread Choice of Milk</p>	<p>28 Ham loaf Parsley Potatoes Baby Carrots Fresh Pear Choice of Bread/Margarine Choice of Milk</p>	<p>29 Chinese Pepper Steak w/Rice Asian Vegetables Baked Pineapple 100% Fruit Juice Choice of Milk</p>