

March 2026 Activities

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
8:30 AM- Crafting Group 9:00AM Tai Chi Class 10:00AM -Bingo 11:00AM Clothes Closet 11:30AM- Lunch 1:00PM Line Dancing Class	9:00AM Quilters 10:00AM Bingo 11:00AM Blood Pressure Checks 11:30AM Lunch 1:00PM Cardio Drumming Class 6:00PM Good Ole Gospel Music Night Pearl Valley Cheese Fundraiser Ends	9:00AM- Geri Fit Exercise 9:00AM- Sewing 10:00AM Sponsored Bingo 11:30AM Lunch 12:00PM- Mahjong 12:00PM Old Washington Site Activity 1:00PM Identifying Scams Class	10:00AM Bingo 11:30AM- Lunch 12:30 PM- Open Cards	9:00AM Breakfast Buffet 9:00AM Library Pop-Up 9:30AM-2:00PM AARP Tax Appointments 10:00AM -Bingo 11:30AM- Lunch 12:30 PM- Euchre 1:00PM Geri Fit Exercise
9	10	11	12	13
8:30 AM- Crafting Group 9:00 AM Tai Chi Class 10:00AM -Bingo 11:00AM Clothes Closet 11:30AM Lunch 1:00PM Line Dancing Class	9:00AM Quilters 10:00AM Sponsored Bingo 11:00AM Blood Pressure Checks 11:30AM Lunch 12:00PM Cumberland Site Activity 1:00PM Cardio Drumming Class 1:30PM Alzheimer's Support Group	9:00AM- Geri Fit Exercise 9:00AM- Sewing 10:00AM -Bingo 11:00AM Cooking for One or Two 11:30 AM Lunch 12:00PM- Mahjong 1:00PM Craft Class	10:00AM Bingo 11:30AM Lunch 12:00PM Pleasant City Site Activity 12:30 PM- Open Cards	9:00AM Geri Fit Exercise 9:30AM-2:00PM AARP Tax Appointments 10:00AM -Bingo 11:30AM Lunch 12:00PM Euchre 1:00PM Geri Fit Exercise
16	17	18	19	20
8:30AM Crafting Group 9:00 AM Tai Chi Class 10:00AM Bingo 11:00AM Clothes Closet 11:30AM Lunch 1:00PM Line Dancing Class	9:00AM Quilters 10:00AM Sponsored Bingo 11:00AM Blood Pressure Checks 11:30AM St. Patrick's Day Luncheon 1:00PM Cardio Drumming Class	8:30AM Rhythm of Dance Trip 9:00AM- Sewing 10:00AM- Bingo 11:30 AM- Lunch 12:00PM- Mahjong	10:00AM Bingo 11:30AM Lunch 12:30 PM- Open Cards 4:00-5:00PM Grab & Go Dinner 4:00PM- Monthly Dine In Senior Dinner (Ticketed)	9:30AM-2:00PM AARP Tax Appointments 10:00AM -Bingo 10:00 AM - 3:00 PM- Food Commodity Pick Up 11:30AM- Lunch 12:30 PM- Euchre
23	24	25	26	27
8:30AM Crafting Group 9:00 AM Tai Chi Class 10:00AM Bingo 11:00AM Clothes Closet 11:30AM Lunch Bunch Group 11:30AM Lunch 1:00PM Line Dancing Class 2:00PM Painting Class	9:00 AM Quilters 10:00 AM Bingo 11:00 AM Blood Pressure Checks 1:00 PM Cardio Drumming	9:00AM- Geri Fit Exercise 9:00AM- Sewing 10:00AM -Bingo 11:30AM Lunch 12:00PM- Mahjong	10:00AM Bingo 11:30AM Birthday Lunch 12:30 PM- Open Cards 1:30 PM Greeting Card Class	8:30AM Frankie Valli Trip 9:30AM-2:00PM AARP Tax Appointments 10:00AM -Bingo 11:30AM- Lunch 12:30 PM- Euchre
30	31			
8:30AM Crafting Group 9:00 AM Tai Chi Class 10:00AM Bingo 11:00AM Clothes Closet 11:30AM Lunch 1:00PM Line Dancing Class	9:00 AM Quilters 10:00 AM Bingo 11:00 AM Blood Pressure Checks 12:00PM Byesville Site Activity 1:00 PM Cardio Drumming 4:00PM Byesville Dinner			

March 2026 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Chicken Divan Red Skinned Potatoes Spinach Fresh Orange Dinner Roll/Margarine Choice of Milk</p>	<p>3 Ham Loaf Scalloped Potatoes Steamed Broccoli w/Cheese Ambrosia Salad Choice of Bread/Margarine Tapioca Pudding Choice of Milk</p>	<p>4 Pizza Burger w/Bun Potato Wedges Lima Beans Apricots Choice of Milk</p>	<p>5 Chef Salad w Ham, Turkey & Egg w/Salad Dressing Three Bean Salad Pickled Beets Blueberry Muffin 100% Fruit Juice Choice of Milk</p>	<p>6 Sliced Pork Loin Sweet Potatoes Peas & Carrots Pineapple Tidbits Cornbread/Margarine Choice of Milk</p>
<p>9 BBQ Pork Chop Whole Buttered Potatoes Creamed Peas 100% Fruit Juice Choice of Bread/Margarine Choice of Milk</p>	<p>10 Southwest Chicken Diced Potatoes Mexican Corn Diced Pears Choice of Milk</p>	<p>11 Country Fried Steak w/ Gravy Baby Baker Potatoes Brussel Sprouts Grape Salad Choice of Bread/Margarine</p>	<p>12 Turkey & Noodles Mashed Potatoes w/Turkey Gravy Sliced Carrots Tropical Fruit Choice of Bread/Margarine</p>	<p>13 Chili Cornbread Casserole Broccoli Florets Cinnamon Applesauce Fruit Cocktail Choice of Milk</p>
<p>16 Sloppy Joe w/Bun Tater Tots Italian Blend Vegetables 100% Fruit Juice Choice of Milk</p>	<p>17 Corned Beef Yukon Gold Potatoes Seasoned Cabbage Apricots Pistachio Pudding Parfait Choice of Bread/Margarine</p>	<p>18 Spaghetti w/Meat Sauce Tossed Salad w/Dressing Broccoli Florets Cherry Crisp Garlic Bread Choice of Milk</p>	<p>19 Chicken Cordon Bleu Hash Brown Potatoes Buttered Corn Fresh Banana Choice of Milk</p>	<p>20 Baked Round Steak Mashed Potatoes w/Beef Gravy Key Largo Vegetables Fresh Apple Knot roll/Margarine</p>
<p>23 Salisbury Steak w/Gravy Loaded Mashed Potatoes Italian Green Beans Fresh Apple Dinner Roll/Margaine Choice of Milk</p>	<p>24 Lemon Pepper Chicken Long Grain Wild Rice Spinach Fresh Grapes Choice of Bread/Margarine Choice of Milk</p>	<p>25 Kielbasa w/Peppers & Onions Parsley Red Potatoes Baked Beans Fruited Strawberry Jello Choice of Bread/Margarine Choice of Milk</p>	<p>26 Meatloaf Au Gratin Potatoes California Blend Vegetables Peaches Knot Roll/Margaine Choice of Milk</p>	<p>27 Breaded Fish Roasted Potatoes Glazed Baby Carrots Fresh Pear Choice of Bread/Margarine Choice of Milk</p>
<p>30 Sweet & Sour Chicken w/ Brown Rice Asian Blend Vegetables Baked Pineapple Casserole Mandarin Oranges Choice of Milk</p>	<p>31 Johnny Marzetti Italian Blend Vegetables Blueberry Crisp 100% Fruit Juice Breadstick/Margarine Choice of Milk</p>	<p>We invite you to join us for lunch at the Guernsey County Senior Center from 11:30 am until 1:00 pm Monday – Friday. The Byesville Site serves lunch at 11:30 am. Monday—Friday. Pleasant City 11:30-1:00 pm Monday & Thursday, Cumberland 11:30-1:00 pm, Tuesday & Friday, Londonderry site serves at 11:30 on Monday, Tuesday & Thursday, and Old Washington site Wednesday & Friday from 11:30am-1:00pm. Dine-In or Grab & Go Options Available. If you have any questions about our nutrition services please call 740-439-5717 or toll free at 1-866-534-2349. Each meal includes a choice of white, wheat, or specified bread and a choice of either 2% or Skim Milk. Ingredient content can be found on our website at www.GuernseySenior.org . <i>*Menu subject to change depending on item availability.</i></p> <p>This institution is an equal opportunity provider.</p>		