


# February 2026 Activities

Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
8:30 AM- Crafting Group 9:00AM Tai Chi Class 10:00AM -Bingo <b>11:00AM Clothes Closet</b> 11:30AM- Lunch <b>12:00PM Pleasant City Site Activity</b> 1:00PM Line Dancing Class  <b>Pearl Valley Cheese Fundraiser Begins</b>	9:00AM Quilters 9:00 Seated Tai Chi 10:00AM Bingo 11:00AM Blood Pressure Checks 11:00AM Bingocize 11:30AM Lunch <b>12:00PM Cumberland Site Activity</b>  <b>6:00PM Good Ole Gospel Music Night</b>	<b>9:00AM Breakfast Buffet</b> 9:00AM- Geri Fit Exercise 9:00AM- Sewing <b>10:00AM Sponsored Bingo</b> 11:30AM Lunch 12:00PM- Mahjong <b>1:00PM Valentine Card Making Class</b>	10:00AM Bingo 11:00AM Bingocize 11:30AM- Lunch 12:30 PM- Open Cards <b>1:00PM- Heart Health Program</b>	<b>8:30AM Salute to the King Trip</b> 9:00AM Geri Fit Exercise <b>9:00AM Library Pop-Up</b> <b>9:30AM-2:00PM AARP Tax Appointments</b> 10:00AM -Bingo 11:30AM- Lunch 12:30 PM- Euchre 1:00PM Geri Fit Exercise  <b>National Wear Red Day</b>
9	10	11	12	13
8:30 AM- Crafting Group 9:00 AM Tai Chi Class 10:00AM -Bingo <b>11:00AM Clothes Closet</b> 11:30AM Lunch <b>11:30AM Lunch Bunch Group</b> 1:00PM Line Dancing Class	9:00AM Quilters 9:00AM Seated Tai Chi <b>10:00AM Sponsored Bingo</b> 11:00AM Bingocize 11:00AM Blood Pressure Checks 11:30AM Lunch 1:00PM Cardio Drumming Class 1:30PM Alzheimer's Support Group	9:00AM- Geri Fit Exercise 9:00AM- Sewing 10:00AM -Bingo 11:30 AM Lunch 12:00PM- Mahjong <b>12:00PM Old Washington Site Activity</b>	10:00AM Bingo 11:00AM Bingocize 11:30AM Lunch 12:30 PM- Open Cards	9:00AM Geri Fit Exercise <b>9:30AM-2:00PM AARP Tax Appointments</b> 10:00AM -Bingo 11:30AM Lunch <b>12:00PM Valentine's Day Party</b> 12:00PM Euchre <b>1:00PM Cookie Decorating Class</b> 1:00PM Geri Fit Exercise
16	17	18	19	20
<b>CLOSED</b> 	9:00AM Quilters <b>10:00AM Sponsored Bingo</b> 11:00AM Blood Pressure Checks 1:00PM Cardio Drumming Class	9:00AM- Geri Fit Exercise 9:00AM- Sewing 10:00AM- Bingo 11:30 AM- Lunch 12:00PM- Mahjong	10:00AM Bingo 11:30AM Lunch 12:30 PM- Open Cards <b>4:00-5:00PM Grab &amp; Go Dinner</b> <b>4:00PM- Monthly Dine In Senior Dinner</b>	<b>9:30AM-2:00PM AARP Tax Appointments</b> 10:00AM -Bingo 10:00 AM - 3:00 PM- Food Commodity Pick Up 11:30AM- Lunch 12:30 PM- Euchre
23	24	25	26	27
8:30AM Crafting Group 9:00 AM Tai Chi Class 10:00AM Bingo <b>11:00AM Clothes Closet</b> 11:30AM Lunch 1:00PM Line Dancing Class <b>2:00PM Painting Class</b>	9:00 AM Quilters 10:00 AM Bingo 11:00 AM Blood Pressure Checks 1:00 PM Cardio Drumming <b>4:00PM Byesville Dinner</b>	9:00AM- Geri Fit Exercise 9:00AM- Sewing 10:00AM -Bingo <b>11:00AM Free Shoulder Massages</b> 11:30AM Lunch 12:00PM- Mahjong	10:00AM Bingo <b>11:30AM Birthday Lunch</b> 12:30 PM- Open Cards 1:30 PM Greeting Card Class	9:00AM Geri Fit Exercise <b>9:30AM-2:00PM AARP Tax Appointments</b> 10:00AM -Bingo 11:30AM- Lunch 12:30 PM- Euchre 1:00PM Geri Fit Exercise

# February 2026 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			<p>We invite you to join us for lunch at the Guernsey County Senior Center from 11:30 am until 1:00 pm Monday – Friday. The Byesville Site serves lunch at 11:30 am. Monday—Friday. Pleasant City 11:30-1:00 pm Monday &amp; Thursday, Cumberland 11:30-1:00 pm, Tuesday &amp; Friday, Old Washington site Wednesday &amp; Friday from 11:30am-1:00pm, and Londonderry site is temporarily closed. <b>Dine-In or Grab &amp; Go Options Available.</b> If you have any questions about our nutrition services please call 740-439-5717 or toll free at 1-866-534-2349. Each meal includes a choice of white, wheat, or specified bread and a choice of either 2% or Skim Milk. Ingredient content can be found on our website at <a href="http://www.GuernseySenior.org">www.GuernseySenior.org</a>. <i>*Menu subject to change depending on item availability.</i> This institution is an equal opportunity provider.</p>	
<p>2 Pizza Burger W/Bun Potato Wedges Buttered Corn Fresh Apple Choice of Milk</p>	<p>3 Honey Garlic Chicken Au Gratin Potatoes Peas &amp; Carrots Diced Peaches Choice of Bread/Margarine Choice of Milk</p>	<p>4 BBQ Beef Diced Sweet Potatoes Lima Beans Fruited Lime Jell-o Choice of Bread/Margarine Choice of Milk</p>	<p>5 Italian Marinated Pork Chop Parsley Buttered Potatoes California Blend Vegetables Fresh Pear Choice of Bread/Margarine Vanilla Pudding Choice of Milk</p>	<p>6 Salisbury Steak Garlic Mashed Potatoes Winter Blend Vegetables Mixed Fruit Dinner Roll/Margarine Choice of Milk</p>
<p>9 Chicken Strips w/Ranch Potato Skins w/Bacon &amp; Cheese Capri Blend Vegetables Fresh Orange Dinner Roll/Margarine Choice of Milk</p>	<p>10 Yankee Pot Roast Whole Potatoes Baby Carrots Applesauce Dinner Roll/Margarine Choice of Milk</p>	<p>11 Kielbasa w/Peppers &amp; Onions Seasoned Cabbage Mixed Vegetables Clementine Choice of Bread/Margarine Choice of Milk</p>	<p>12 Chicken &amp; Noodles Mashed Potatoes Italian Green Beans Fresh Banana Cornbread/Margaine Choice of Milk</p>	<p>13 Cheese Ravioli w/Meat Sauce Tossed Salad/Dressing Creamed Corn Fresh Grapes Garlic Bread Valentine Cupcake Choice of Milk</p>
<p>16 Closed For President's Day Holiday <i>Frozen Meals available upon request</i></p>	<p>17 Breaded Fish w/Tarter Sauce Hashbrown Casserole Creamed Peas Tropical Fruit Blueberry Muffin Choice of Milk</p>	<p>18 Baked Ham Scalloped Potatoes Buttered Corn Pineapple Tidbits Choice of Bread/Margaine Choice of Milk</p>	<p>19 Country Fried Steak w/Gravy Diced Potatoes Brussel Sprouts Diced Pears Knot Roll/Margarine Choice of Milk</p>	<p>20 Shepard's Pie Steamed Broccoli Spiced Peaches 100% Grape Juice Choice of Bread/Margarine Choice of Milk</p>
<p>23 Hamburger Gravy w/Biscuit Mashed Potatoes Cauliflower w/Cheese Sauce Apricots Choice of Mik</p>	<p>24 Baked Macaroni &amp; Cheese Stewed Tomatoes Italian Blend Vegetables Granny Smith Apple Breadstick/Margarine Choice of Milk</p>	<p>25 Baked Swiss Steak Dutch Mashed Potatoes Butter Beans Ambrosia Salad Choice of Bread/Margaine Choice of Milk</p>	<p>26 Sausage Pizza Broccoli Crowns Cinnamon Applesauce Fruit Cocktail Chocolate pudding Choice of Milk</p>	<p>27 Sweet &amp; Sour Chicken w/Rice Asian Blend Vegetables Baked Pineapple Casserole 100% Fruit Juice Peanut Butter Cookie Choice of Milk</p>