

February 2026 Activities

Monday	Tuesday	Wednesday	Thursday	Friday
2 8:30 AM- Crafting Group 9:00AM Tai Chi Class 10:00AM -Bingo 11:00AM Clothes Closet 11:30AM- Lunch 12:00PM Pleasant City Site Activity 1:00PM Line Dancing Class Pearl Valley Cheese Fundraiser Begins	3 9:00AM Quilters 9:00 Seated Tai Chi 10:00AM Bingo 11:00AM Blood Pressure Checks 11:00AM Bingocize 11:30AM Lunch 12:00PM Cumberland Site Activity 6:00PM Good Ole Gospel Music Night	4 9:00AM Breakfast Buffet 9:00AM- Geri Fit Exercise 9:00AM- Sewing 10:00AM Sponsored Bingo 11:30AM Lunch 12:00PM- Mahjong 1:00PM Valentine Card Making Class	5 10:00AM Bingo 11:00AM Bingocize 11:30AM- Lunch 12:30 PM- Open Cards 1:00PM- Heart Health Program	8:30AM Salute to the King Trip 9:00AM Geri Fit Exercise 9:00AM Library Pop-Up 9:30AM-2:00PM AARP Tax Appointments 10:00AM -Bingo 11:30AM- Lunch 12:30 PM- Euchre 1:00PM Geri Fit Exercise National Wear Red Day
9 8:30 AM- Crafting Group 9:00 AM Tai Chi Class 10:00AM -Bingo 11:00AM Clothes Closet 11:30AM Lunch 11:30AM Lunch Bunch Group 1:00PM Line Dancing Class	10 9:00AM Quilters 9:00AM Seated Tai Chi 10:00AM Sponsored Bingo 11:00AM Bingocize 11:00AM Blood Pressure Checks 11:30AM Lunch 1:00PM Cardio Drumming Class 1:30PM Alzheimer's Support Group	11 9:00AM- Geri Fit Exercise 9:00AM- Sewing 10:00AM -Bingo 11:30 AM Lunch 12:00PM- Mahjong 12:00PM Old Washington Site Activity	12 10:00AM Bingo 11:00AM Bingocize 11:30AM Lunch 12:30 PM- Open Cards	13 9:00AM Geri Fit Exercise 9:30AM-2:00PM AARP Tax Appointments 10:00AM -Bingo 11:30AM Lunch 12:00PM Valentine's Day Party 12:00PM Euchre 1:00PM Cookie Decorating Class 1:00PM Geri Fit Exercise
16 CLOSED 	17 9:00AM Quilters 10:00AM Sponsored Bingo 11:00AM Blood Pressure Checks 1:00PM Cardio Drumming Class	18 9:00AM- Geri Fit Exercise 9:00AM- Sewing 10:00AM- Bingo 11:30 AM- Lunch 12:00PM- Mahjong	19 10:00AM Bingo 11:30AM Lunch 12:30 PM- Open Cards 4:00-5:00PM Grab & Go Dinner 4:00PM- Monthly Dine In Senior Dinner	20 9:30AM-2:00PM AARP Tax Appointments 10:00AM -Bingo 10:00 AM - 3:00 PM- Food Commodity Pick Up 11:30AM- Lunch 12:30 PM- Euchre
23 8:30AM Crafting Group 9:00 AM Tai Chi Class 10:00AM Bingo 11:00AM Clothes Closet 11:30AM Lunch 1:00PM Line Dancing Class 2:00PM Painting Class	24 9:00 AM Quilters 10:00 AM Bingo 11:00 AM Blood Pressure Checks 1:00 PM Cardio Drumming 4:00PM Byesville Dinner	25 9:00AM- Geri Fit Exercise 9:00AM- Sewing 10:00AM -Bingo 11:00AM Free Shoulder Massages 11:30AM Lunch 12:00PM- Mahjong	26 10:00AM Bingo 11:30AM Birthday Lunch 12:30 PM- Open Cards 1:30 PM Greeting Card Class	27 9:00AM Geri Fit Exercise 9:30AM-2:00PM AARP Tax Appointments 10:00AM -Bingo 11:30AM- Lunch 12:30 PM- Euchre 1:00PM Geri Fit Exercise

February 2026 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				
2 Pizza Burger W/Bun Potato Wedges Buttered Corn Fresh Apple Choice of Milk	3 Honey Garlic Chicken Au Gratin Potatoes Peas & Carrots Diced Peaches Choice of Bread/Margarine Choice of Milk	4 BBQ Beef Diced Sweet Potatoes Lima Beans Fruited Lime Jell-o Choice of Bread/Margarine Choice of Milk	5 Italian Marinated Pork Chop Parsley Buttered Potatoes California Blend Vegetables Fresh Pear Choice of Bread/Margarine Vanilla Pudding Choice of Milk	6 Salisbury Steak Garlic Mashed Potatoes Winter Blend Vegetables Mixed Fruit Dinner Roll/Margarine Choice of Milk
9 Chicken Strips w/Ranch Potato Skins w/Bacon & Cheese Capri Blend Vegetables Fresh Orange Dinner Roll/Margarine Choice of Milk	10 Yankee Pot Roast Whole Potatoes Baby Carrots Applesauce Dinner Roll/Margarine Choice of Milk	11 Kielbasa w/Peppers & Onions Seasoned Cabbage Mixed Vegetables Clementine Choice of Bread/Margarine Choice of Milk	12 Chicken & Noodles Mashed Potatoes Italian Green Beans Fresh Banana Cornbread/Margarine Choice of Milk	13 Cheese Ravioli w/Meat Sauce Tossed Salad/Dressing Creamed Corn Fresh Grapes Garlic Bread Valentine Cupcake Choice of Milk
16 Closed For President's Day Holiday <i>Frozen Meals available upon request</i>	17 Breaded Fish w/Tarter Sauce Hashbrown Casserole Creamed Peas Tropical Fruit Blueberry Muffin Choice of Milk	18 Baked Ham Scalloped Potatoes Buttered Corn Pineapple Tidbits Choice of Bread/Margarine Choice of Milk	19 Country Fried Steak w/Gravy Diced Potatoes Brussel Sprouts Diced Pears Knot Roll/Margarine Choice of Milk	20 Shepard's Pie Steamed Broccoli Spiced Peaches 100% Grape Juice Choice of Bread/Margarine Choice of Milk
23 Hamburger Gravy w/Biscuit Mashed Potatoes Cauliflower w/Cheese Sauce Apricots Choice of Milk	24 Baked Macaroni & Cheese Stewed Tomatoes Italian Blend Vegetables Granny Smith Apple Breadstick/Margarine Choice of Milk	25 Baked Swiss Steak Dutch Mashed Potatoes Butter Beans Ambrosia Salad Choice of Bread/Margarine Choice of Milk	26 Sausage Pizza Broccoli Crowns Cinnamon Applesauce Fruit Cocktail Chocolate pudding Choice of Milk	27 Sweet & Sour Chicken w/Rice Asian Blend Vegetables Baked Pineapple Casserole 100% Fruit Juice Peanut Butter Cookie Choice of Milk

We invite you to join us for lunch at the Guernsey County Senior Center from 11:30 am until 1:00 pm Monday – Friday. The Byesville Site serves lunch at 11:30 am. Monday – Friday. Pleasant City 11:30-1:00 pm Monday & Thursday, Cumberland 11:30-1:00 pm, Tuesday & Friday, Old Washington site Wednesday & Friday from 11:30am-1:00pm, and Londonderry site is temporarily closed. **Dine-In or Grab & Go Options Available.** If you have any questions about our nutrition services please call 740-439-5717 or toll free at 1-866-534-2349. Each meal includes a choice of white, wheat, or specified bread and a choice of either 2% or Skim Milk. Ingredient content can be found on our website at www.GuernseySenior.org. **Menu subject to change depending on item availability.* This institution is an equal opportunity provider.