


September 2018 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>We invite you to join us for lunch at the Guernsey County Senior Center, the Bylesville, Cambridge Heights, Cumberland, Londonderry or Pleasant City sites. Lunch is served at 11:30—1:00. If you have any questions about our nutrition services please call Hollia Husk, Nutrition Supervisor at 740-439-5717 or toll free at 1-866-534-2349. Each meal includes a choice of white, wheat, or specified bread and a choice of 2% or Skim Milk.</p>		
<p>3 CLOSED Frozen Meals Available Upon Request</p>	<p>4 Country Fried Steak w/ Gravy Diced Potatoes Carrots Grape Juice Choice of Bread / Marg. Choice of Milk</p>	<p>5 Johnny Marzetti w/ Cheese Applesauce Pickled Whole Beets Glazed Bread Pudding 100% Fruit Juice Choice of Milk</p>	<p>6 Smoked Sausage Cheddar Mashed Potatoes Baked Sauerkraut w Fresh Apple Choice of Bread / Marg. Choice of Milk</p>	<p>7 Honey Garlic Chicken Thighs Parsley Red Potatoes Mixed Vegetables Fruit Cocktail Cornbread / Marg. Choice of Milk</p>
<p>10 Creamy Macaroni & Cheese Stewed Tomatoes Green Beans Cranberry Juice Blueberry Muffin / Marg. Choice of Milk</p>	<p>11 Maple Bacon Glazed Ham Baked Sweet Potato Peas Fresh Orange Cake w/ Icing Choice of Bread / Marg. Choice of Milk</p>	<p>12 Southwest Chicken w/ Salsa & Cheese over Rice Buttered Potatoes Calico Corn Fresh Apple Choice of Bread / Marg. Choice of Milk</p>	<p>13 Meatloaf Mashed Potatoes w/ Gravy Lima Beans Pears Dinner Roll / Marg. Choice of Milk</p>	<p>14 Hamburger w/ Bun Scalloped Potatoes Spiced Peaches Cole Slaw Oatmeal Raisin Cookies Choice of Milk</p>
<p>17 Roast Beef w/ Gravy Garlic Mashed Potatoes Glazed Baby Carrots Apricots Choice of Bread / Marg. Choice of Milk</p>	<p>18 Orange Glazed Chicken Breast Parsley Potatoes Succotash Grape Juice Dinner Roll / Marg. Choice of Milk</p>	<p>19 Potato & Cheese Pierogis Seasoned Cabbage Mixed Vegetables Pineapple Tidbits Cottage Cheese Choice of Bread / Marg. Choice of Milk</p>	<p>20 Cubed Pork Cutlet in Gravy Diced Potatoes Harvard Beets 100% Fruit Juice Tapioca Pudding Choice of Bread / Marg. Choice of Milk</p>	<p>21 Vegetable Lasagna Green Beans Pears Banana Garlic Breadstick / Marg. Choice of Milk</p>
<p>24 Sloppy Joe with Bun Hash Brown Patty w/ Cheese Peaches Fresh Orange Chocolate Chunk Cookie Bar Choice of Milk</p>	<p>25 Batter Dipped Cod w/ Tarter Sauce Hushpuppies Au Gratin Potatoes Broccoli Cranberry Juice Choice of Milk</p>	<p>26 Spaghetti w/ Meat Sauce Tossed Salad / Dressing Cauliflower Cinnamon Applesauce Choice of Bread / Marg. Choice of Milk</p>	<p>27 BBQ Chicken Yukon Gold Buttered Potatoes Creamed Peas Fresh Fruit Buttermilk Biscuit / Marg. Choice of Milk</p>	<p>28 Pulled Pork Roast w/ Gravy Cornbread Stuffing Mashed Potatoes Key Largo Vegetables Apple Juice Choice of Milk</p>