



March 2020 Activities



Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
8:00 AM Continental Breakfast 8:30 AM Matter of Balance 9:00 AM Crafting Group 10:00 AM Bingo 10:00 AM Advanced Tai Chi 11:00 AM Beginners Tai Chi 11:30 AM Lunch 12:30 PM Coloring Group 12:30 PM WISE Program 1:00 PM—3:00 PM Attorney Keith Plummer “Will & Estate Planning”	8:00 AM Continental Breakfast 9:00 AM Pickleball in Byesville 9:00 AM Quilters 10:00 AM Bingo 11:00 AM Clothes Closet 11:30 AM Lunch 12:00 PM Pinochle 3:00 PM Line Dancing	9:00 AM Continental Breakfast 9:00 AM Sewing 9:30 AM Blood Pressure Checks 10:00 AM Geri-Fit Exercise 10:00 AM Bingo 11:30 AM Birthday Party & Luncheon 12:00 PM Bridge	8:00 AM Continental Breakfast 9:00 AM Pickleball in Byesville 10:00 AM Bible Study 10:00 AM Bingo 11:30 AM Lunch 12:00 PM Open Cards 12:00 PM Book Club 5:00 PM Dinner w/Dessert Bake-Off	8:00 AM Continental Breakfast 9:00 AM—2:30 PM AARP Tax Appointments 10:00 AM Bingo 10:00 AM Walking Group 11:00 AM Guest Speaker Renee Thomas 11:30 AM Lunch 12:00 PM Euchre <b style="text-align: center;">Surprise Friday
9	10	11	12	13
8:00 AM Continental Breakfast 8:30 AM Crafting Group 8:30 AM Matter of Balance 9:00 AM –11:00 AM Guest Speaker Sage Scharre 10:00 AM Bingo 10:00 AM Advanced Tai Chi 11:00 AM Beginners Tai Chi 11:30 AM Lunch 12:30 PM Coloring Group 12:30 PM WISE Program 4:00 PM—8:00 PM Denny’s Seat & Greet	9:00 AM Breakfast Buffet 9:00 AM Pickleball in Byesville 9:00 AM Quilters 10:00 AM Bingo 11:00 AM Clothes Closet 11:30 AM Lunch 12:00 PM Pinochle 1:30 PM Alzheimer’s Support Group 3:00 PM Line Dancing	8:00 AM Continental Breakfast 9:00 AM Sewing 9:30 AM Blood Pressure Checks 10:00 AM Geri-Fit Exercise 10:00 AM Bingo 11:00 AM Guest Speaker Andrew Tinkham 11:30 AM Lunch 12:00 PM Bridge	8:00 AM Continental Breakfast 9:00 AM Pickleball in Byesville 9:30 AM –10:30 AM Bingo 10:00 AM Bible Study 11:00 AM Guest Speaker Joel Blue 11:30 AM Lunch 12:00 PM Open Cards <b style="text-align: center;">Thirsty Thursday	8:00 AM Continental Breakfast 9:00 AM –2:30 PM AARP Tax Appointments 10:00 AM Walking Group 10:00 AM Bingo 11:30 AM Lunch 12:00 PM Euchre
16	17	18	19	20
8:00 AM Continental Breakfast 8:30 AM No Crafting 8:30 AM Matter of Balance 10:00 AM Bingo 10:00 AM Advanced Tai Chi 11:00 AM Beginners Tai Chi 11:30 PM Lunch 12:30 PM WISE Program	11:30 AM Lunch <b style="text-align: center;">Due to Voting No Continental Breakfast, No Pickleball, No Quilters, No Fun Bingo, No Clothes Closet, No Pinochle, No Line Dancing	8:00 AM Continental Breakfast 9:00 AM No Sewing 9:30 AM Blood Pressure Checks 10:00 AM Geri-Fit Exercise 10:00 AM Bingo 11:30 AM Lunch 12:00 PM Bridge <b style="text-align: center;">Wild Wednesday Bingo	8:00 AM Continental Breakfast 9:00 AM Pickleball in Byesville 10:00 AM Bible Study 10:00 AM Bingo 11:30 AM Lunch 12:00 PM Open Cards **Note Time Change** 4:30 PM Monthly Dinner	8:00 AM Continental Breakfast 9:00 AM –2:30 PM AARP Tax Appointments 10:00 AM Bingo 10:00 AM- 3:00 PM Food Commodity Pick Up 11:00 AM World Story Telling Day 11:30 AM Lunch 12:00 PM Euchre
23	24	25	26	27
8:00 AM Continental Breakfast 8:30 AM Crafting Group 8:30 AM Matter of Balance 10:00 AM Bingo 10:00 AM Advanced Tai Chi 11:00 AM Beginners Tai Chi 11:30 AM Lunch 12:30 PM Coloring Group 12:30 PM WISE Program	8:00 AM Continental Breakfast 8:15 AM Local Museum Trip 9:00 AM Pickleball in Byesville 9:00 AM Quilters 10:00 AM Bingo 11:00 AM Clothes Closet 11:30 AM Lunch 12:00 PM Pinochle 3:00 PM Line Dancing <b style="text-align: center;">Tuesday Treat	8:00 AM Continental Breakfast 9:00 AM Sewing 9:30 AM Blood Pressure Checks 10:00 AM Geri-Fit Exercise 10:00 AM Bingo 11:00 AM –11:00 PM Buffalo Wild Wings 11:30 AM Lunch 12:00 PM Bridge	8:00 AM Continental Breakfast 9:00 AM Pickleball in Byesville 10:00 AM Bible Study 10:00 AM Bingo 11:30 AM Lunch 12:00 PM Open Cards 5:00 PM Dinner Buffet & Lions Club Music & Comedy Show	8:00 AM Continental Breakfast 9:00 AM –2:30 PM AARP Tax Appointments 10:00 AM Bingo 10:00 AM Walking Group 11:30 AM Lunch 12:00 PM Euchre
30	31			
8:00 AM Continental Breakfast 8:30 AM Crafting Group 8:30 AM Matter of Balance 9:00 AM—11:00 AM Guest Speaker Sage Scharre 10:00 AM Bingo 10:00 AM Advanced Tai Chi 11:00 AM Beginners Tai Chi 11:30 AM Lunch 12:30 PM Coloring Group 12:30 PM WISE Program <b style="text-align: center;">Sundae on Monday	8:00 AM Continental Breakfast 9:00 AM Pickleball in Byesville 9:00 AM Quilters 10:00 AM Bingo 11:00 AM Clothes Closet 11:30 AM Lunch 12:00 PM Pinochle 3:00 PM Line Dancing 4:00 PM Byesville Dinner			

March 2020 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken Alfredo over Fettuccini Noodles Buttered Carrots Peaches Apple Juice Choice of Bread / Marg.	3 Meatloaf Scalloped Potatoes Buttered Peas Banana Choice of Bread / Marg. Choice of Milk	4 Roast Beef Parsley Potatoes Lima Beans Ambrosia Salad Cake w/ Icing Choice of Bread / Marg.	5 Sliced Pork Loin w/ Corn Bread Stuffing Mashed Potatoes & Gravy Green Beans Fresh Apple Choice of Bread / Marg. Choice of Milk	6 Baked Macaroni & Cheese Stewed Tomatoes Apple Crisp Mandarin Oranges Choice of Bread / Marg. Choice of Milk
9 Sloppy Joe w/ Bun Garlic & Herb Mashed Potatoes French Style Green Beans Fruited Jello Choice of Milk	10 BBQ Pulled Pork Seasoned Diced Potatoes Broccoli w/ Cheese Pears Dinner Roll / Marg. Choice of Milk	11 Southwest Chicken Buttered Potatoes Mexican Corn Grape Juice Dinner Roll / Marg. Choice of Milk	12 Beef Stew Fresh Orange Raisins Vanilla Pudding Biscuit / Marg. Choice of Milk	13 Vegetable Lasagna Tossed Salad / Dressing Peas & Carrots Cinnamon Applesauce Breadstick / Marg. Choice of Milk
16 Smoked Sausage Cheddar Mashed Potatoes Sauerkraut Salad Fresh Apple Choice of Bread / Marg. Choice of Milk	17 Roasted Turkey A gratin Potatoes Baby Carrots Fresh Apple Dinner Roll / Marg. Choice of Milk	18 Beef Spanish Rice Diced Tomatoes Capri Blend Orange Juice Choice of Bread / Marg. Choice of Milk	19 Bone-in Pork Chop Twice Baked Mashed Potatoes Lima Beans Tropical Fruit Salad Dinner Roll / Marg. Choice of Milk	20 Penne Pasta w/ Marinara Sauce Cauliflower Spinach Cottage Cheese Pineapple Tidbits Choice of Bread / Marg.
23 Chicken Pot Pie Winter Blend Fresh Orange Choice of Bread / Marg. Bread Pudding Choice of Milk	24 Beef Stroganoff Whole Buttered Potatoes French Style Green Beans Banana Dinner Roll / Marg. Choice of Milk	25 Baked Ham Sweet Potatoes Creamed Corn Pears Wheat Bread / Marg. Vanilla Wafers Choice of Milk	26 Honey Mustard Chicken Thigh Parsley Red Potatoes Cream Peas Spiced Pears Dinner Roll / Marg. Choice of Milk	27 Pimento Cheese Spread w/ Bun Cream of Potato Soup w/ Crackers Beets Peaches in Jell-O Choice of Milk
30 Country Fried Steak w Gravy Mashed Potatoes Brussels Spouts Pineapple Orange Juice Dinner Roll / Marg. Choice of Milk	31 Boneless Grilled Chicken Breast Potato Wedges Bowtie Pasta & Broccoli Applesauce Choice of Bread / Marg. Choice of Milk	<p>We invite you to join us for lunch at the Guernsey County Senior Center, the Byesville Site, Cambridge Heights, Cumberland, Londonderry, and Pleasant City sites. Lunch is served at 11:30—1:00. Each meal includes a choice of white, wheat, or specified bread and a choice of 2% or Skim Milk. Ingredient content can be found on our website at www.guernseysenior.org. If you have any questions about our nutrition services please call Hollia Husk, Nutrition Supervisor at 740-439-5717 or toll free at 1-866-534-2349.</p>		