

## March 2019 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>We invite you to join us for lunch at the Guernsey County Senior Center, the Byesville, Cambridge Heights, Cumberland, Londonderry or Pleasant City sites. Lunch is served at 11:30—1:00. If you have any questions about our nutrition services please call Hollia Husk, Nutrition Supervisor at 740-439-5717 or toll free at 1-866-534-2349. Each meal includes a choice of white, wheat, or specified bread and a choice of 2% or Skim Milk.</p>				<p>1 Cubed Steak Mashed Potatoes w/ Gravy Capri Blend Vegetables Banana Dinner Roll/ Marg. Choice of Milk</p>
<p>4 Chicken Alfredo over Fettuccini Noodles Broccoli Apple Juice Choice of Bread / Marg. Choice of Milk</p>	<p>5 Meatloaf Scalloped Potatoes Buttered Peas Pineapple Tidbits Choice of Bread / Marg. Choice of Milk</p>	<p>6 Monterey Chicken Breast Parsley Potatoes Lima Beans Ambrosia Salad Cake w/ Icing Choice of Bread / Marg. Choice of Milk</p>	<p>7 Pork Loin w/ Stuffing Mashed Potatoes &amp; Gravy Southern Fried Cabbage Peaches Choice of Bread / Marg. Choice of Milk</p>	<p>8 Vegetable Lasagna Tossed Salad / Dressing Peas &amp; Carrots Cinnamon Applesauce Breadstick / Marg. Choice of Milk</p>
<p>11 Sloppy Joe w/ Bun Ranch Diced Potatoes Baked Beans Brownie Banana Choice of Milk</p>	<p>12 Chicken &amp; Noodles Mashed Potatoes Spinach Grapes Choice of Bread / Marg. Choice of Milk</p>	<p>13 Baked Pork Roast Dutch Potatoes Corn Fresh Orange Choice of Bread / Marg. Choice of Milk</p>	<p>14 Beef Stew Applesauce Grape Juice Vanilla Pudding Biscuit / Marg. Choice of Milk</p>	<p>15 Potato &amp; Cheese Perogies Haluski Green Beans Cottage Cheese Diced Pears in Green Jell-O Choice of Bread / Marg. Choice of Milk</p>
<p>18 Smoked Sausage Cheddar Mashed Potatoes Sauerkraut Salad Fresh Apple Choice of Bread / Marg. Choice of Milk</p>	<p>19 Chicken Cordon Bleu Parsley Red Potatoes Parmesan Roasted Brussels sprouts Spiced Pears Dinner Roll / Marg. Choice of Milk</p>	<p>20 Beef Spanish Rice Stewed Diced Tomatoes Zucchini &amp; Squash Orange Juice Choice of Bread / Marg. Choice of Milk</p>	<p>21 Bone-in Pork Chop Whipped Sweet Potatoes Lima Beans Tropical Fruit Salad Dinner Roll / Marg. Choice of Milk</p>	<p>22 Penne Pasta w/ Meat Sauce French Green Beans Glazed Peaches Pineapple Juice Choice of Bread / Marg. Choice of Milk</p>
<p>25 Broccoli Cheese Soup w/ Crackers Pickled Beets Fruited Orange Jello Strawberry Yogurt Choice of Bread / Marg. Choice of Milk</p>	<p>26 Yankee Pot Roast Whole Potatoes Carrots Apricots Dinner Roll / Marg. Choice of Milk</p>	<p>27 Chicken Florentine Casserole Parsley Potatoes Buttered Peas Fruit Cocktail Garlic Bread Stick / Marg. Choice of Milk</p>	<p>28 Chili w/ Crackers Three Bean Salad Fresh Orange Apple Juice Cornbread / Marg. Choice of Milk</p>	<p>29 Potato Crunch Pollock Au gratin Potatoes Spiced Pears 100% Fruit Juice Choice of Bread / Marg. Choice of Milk</p>