

August 2019 Activities

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			8:00 AM Continental Breakfast 9:00 AM Pickleball in Byesville 10:00 AM Bible Study 10:00 AM Bingo 11:30 AM Lunch 12:00 PM Cribbage 12:00 PM Book Club	8:00 AM Continental Breakfast 9:00 AM—2:00 PM Indoor Yard Sale 10:00 AM Bingo 10:00 AM Walking Group 11:30 AM Lunch 12:00 PM Euchre Surprise Friday
5	6	7	8	9
8:00 AM Continental Breakfast 8:00AM-9:30 AM Guernsey Health Choices Class 8:30AM Crafting Group 10:00 AM Bingo 10:00 AM Tai Chi 11:00 AM Tai Chi 11:30 AM Lunch 12:30 PM Coloring Group	9:00 AM Breakfast Buffet 9:00 AM Pickleball in Byesville 9:00 AM Quilters 10:00 AM Bingo 11:00 AM Clothes Closet 11:30 AM Lunch 12:00 PM Pinochle 3:00 PM Line Dancing 6:00 PM - 7:00 PM Country Heritage Class: Cold Pack Peaches	8:00 AM Continental Breakfast 9:30 AM Blood Pressure Checks 9:00 AM Sewing 10:00 AM Geri-Fit 10:00 AM Bingo 11:30 AM Lunch 12:00 PM Bridge 12:30 PM Kountry Swingers	8:00 AM Continental Breakfast 9:00 AM Pickleball in Byesville 10:00 AM Bible Study 10:00 AM Bingo 11:30 AM Lunch 12:00 PM Cribbage Thirsty Thursday	8:00 AM Continental Breakfast 10:00 AM Bingo 10:00 AM Walking Group 11:00 AM Guest Speaker Steve Beck 11:30 AM Lunch 12:00 PM Euchre
12	13	14	15	16
8:00 AM Continental Breakfast 8:00AM-9:30 AM Guernsey Health Choices Class 8:30 AM Crafting Group 10:00 AM Bingo 10:00 AM Tai Chi 11:00 AM Tai Chi 11:30 AM Lunch 12:00 PM Red Hat Diva Luncheon 12:30 PM Coloring Group 12:45 PM Choir	8:00 AM Continental Breakfast 8:15 AM Canton Shopping Trip 9:00 AM Pickleball in Byesville 9:00 AM Quilters 10:00 AM Bingo 11:00 AM Clothes Closet 11:30 AM Lunch 12:00 PM Pinochle 1:30 PM Alzheimer's Support Group 3:00 PM Line Dancing	8:00 AM Continental Breakfast 9:30 AM Blood Pressure Checks 9:00 AM Sewing 10:00 AM Geri-Fit 10:00 AM Bingo 11:30 AM Lunch 12:00 PM Bridge 12:30 PM Kountry Swingers	8:00 AM Continental Breakfast 9:00 AM Pickleball in Byesville 10:00 AM Bible Study 10:00 AM Bingo 11:30 AM Lunch 12:00 PM Cribbage 5:00 PM Monthly Senior Dinner	8:00 AM Continental Breakfast 10:00 AM Bingo 10:00 AM – 3:00 PM Food Commodity Pick Up 11:30 AM Lunch 12:00 PM Euchre
19	20	21	22	23
8:00 AM Continental Breakfast 8:00AM-9:30 AM Guernsey Health Choices Class 8:30 AM Crafting Group 10:00 AM Bingo 10:00 AM Tai Chi 11:00 AM Tai Chi 11:30 AM Lunch 12:30 PM Coloring Group 12:45 PM Choir	8:00 AM Continental Breakfast 9:00 AM Pickleball in Byesville 9:00 AM Quilters 10:00 AM Bingo 11:00 AM Clothes Closet 11:30 AM Lunch 12:00 PM Pinochle 3:00 PM Line Dancing Tuesday Treat	8:00 AM Continental Breakfast 9:30 AM Blood Pressure Checks 9:00 AM Sewing 10:00 AM Geri-Fit 10:00 AM Bingo 11:30 AM Lunch 12:00 PM Bridge 6:00 PM - 7:00 PM Country Heritage Class: Strawberry Jams Wild Wednesday Bingo	8:00 AM Continental Breakfast 9:00 AM Pickleball in Byesville 10:00 AM Bible Study 10:00 AM Bingo 11:30 AM Lunch 12:00 PM Cribbage	8:00 AM Continental Breakfast 10:00 AM Bingo 10:00 AM Walking Group 11:30 AM Birthday Party Luncheon 12:00 PM Euchre
26	27	28	29	30
8:00 AM Continental Breakfast 8:30 AM Crafting Group 10:00 AM Bingo 10:00 AM Tai Chi 11:00 AM Tai Chi 11:30 AM Lunch 12:30 PM Coloring Group 12:45 PM Choir Sundae on a Monday	8:00 AM Continental Breakfast 8:00 AM Amish Country Trip 9:00 AM Pickleball in Byesville 9:00 AM Quilters 10:00 AM Bingo 11:00 AM Clothes Closet 11:30 AM Lunch 12:00 PM Pinochle 3:00 PM Line Dancing 4:00 PM Byesville Senior Dinner	8:00 AM Continental Breakfast 9:30 AM Blood Pressure Checks 9:00 AM Sewing 10:00 AM Geri-Fit 10:00 AM Bingo 11:30 AM Lunch 12:00 PM Bridge 12:30 PM Kountry Swingers	8:00 AM Continental Breakfast 9:00 AM Pickleball in Byesville 10:00 AM Bible Study 10:00 AM Bingo 11:30 AM Lunch 12:00 PM Cribbage 6:00 PM –7:30 PM Country Heritage Class: Canning Vegetables & Meats	8:00 AM Continental Breakfast 10:00 AM Bingo 11:30 AM Cookout for Lunch 12:00 PM Euchre

August 2019 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>We invite you to join us for lunch at the Guernsey County Senior Center, the Byesville Site, Cambridge Heights, Cumberland, Londonderry, and Pleasant City sites. Lunch is served at 11:30—1:00. If you have any questions about our nutrition services please call Hollia Husk, Nutrition Supervisor at 740-439-5717 or toll free at 1-866-534-2349. Each meal includes a choice of white, wheat, or specified bread and a choice of 2% or Skim Milk.</p>			<p>1 Pulled Pork Scalloped Potatoes Butter Beans Fruited Gelatin Dinner Roll / Marg. Choice of Milk</p>	<p>2 Open Face Turkey Sandwich Mashed Potatoes Baby Carrots Applesauce Chocolate Pudding Choice of Milk</p>
<p>5 Baked Macaroni & Cheese Broccoli Stewed Apples & Cranberries 100% Fruit Juice Choice of Bread / Marg. Choice of Milk</p>	<p>6 Salisbury Steak Diced Potatoes Creamed Peas Fresh Orange Choice of Bread / Marg. Choice of Milk</p>	<p>7 Glazed Ham Loaf Sweet Potato Praline Key Largo Vegetables Banana Cookies Corn Bread / Marg. Choice of Milk</p>	<p>8 BBQ Beef w/ Bun Baked Potato w/ Sour Cream Succotash Peaches Choice of Milk</p>	<p>9 Honey Dijon Chicken Breast Red Skin Potatoes Steamed Zucchini Fresh Apple Short Bread Cookies Choice of Bread / Marg. Choice of Milk</p>
<p>12 Hawaiian Meatball over Rice Broccoli Florets Baked Pineapple Mandarin Oranges Choice of Bread / Marg. Choice of Milk</p>	<p>13 Pulled Beef Roast w/ Onion Gravy Parsley Potatoes Lima Beans Raisins Choice of Bread / Marg. Chocolate Pudding Choice of Milk</p>	<p>14 Chicken Salad w/ Croissant Potato Salad Fresh Fruit 100% Fruit Juice Cake Choice of Milk</p>	<p>15 Manicotti w/ Marinara Tossed Salad w/ Dressing Wax Beans Warm Cinnamon Applesauce Choice of Bread / Marg. Choice of Milk</p>	<p>16 Sliced Pork Loin Roasted Potatoes w/ Bacon Buttered Carrots Orange Juice Dinner Roll / Marg. Choice of Milk</p>
<p>19 Italian Sausage w/ Peppers & Onions Diced Potatoes Spanish Green Beans 100% Fruit Juice Choice of Bread / Marg. Choice of Milk</p>	<p>20 Grilled Chicken Breast Mixed Vegetables Blueberry Cobbler Grape Juice Choice of Bread / Marg. Choice of Milk</p>	<p>21 Beef & Noodles Mashed Potatoes w/ Gravy Parsley Baby Carrots Banana Choice of Bread / Marg. Choice of Milk</p>	<p>22 Pork Roast Southern Fried Cabbage Wax Beans Fruited Orange Jell-O Buttermilk Biscuit / Marg. Choice of Milk</p>	<p>23 Baked Rotini w/ Sausage Tossed Salad / Dressing California Blend Vegetables Peach Crisp Choice of Bread / Marg. Choice of Milk</p>
<p>26 Rotisserie Baked Chicken Buttered Potatoes Brussels Sprouts 100% Fruit Juice Dinner Roll / Marg. Choice of Milk</p>	<p>27 Battered Pollock Pieces w/ Tarter Sauce Au Gratin Potatoes Spiced Pears Cole Slaw Choice of Bread / Marg. Choice of Milk</p>	<p>28 Stuffed Peppers Mashed Potatoes Corn Cranberry Juice Dinner Roll / Marg. Choice of Milk</p>	<p>29 Garden Salad w/ Dressing Vegetable Soup w/ Crackers Cottage Cheese Fresh Orange Peanut Butter Cookies Breadstick / Marg. Choice of Milk</p>	<p>31 Mushroom Swiss Burger w/ Bun Calico Beans Potato Wedges Fresh Fruit Brownie Choice of Milk</p>