

## September 2017 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>We invite you to join us for lunch at the Guernsey County Senior Center, the Byesville Site, Cambridge Heights, Cumberland, Londonderry and Pleasant City sites. Lunch is served from 11:30a.m. - 1:00p.m. If you have any questions about our nutrition services please call Hollia Husk, Nutrition Supervisor at 740-439-5717 or toll free at 1-866-534-2349. Each meal includes a choice of white, wheat or specified bread and a choice of 2% or Skim Milk.</p> <p style="text-align: center;">We look forward to serving you!</p>				<p>1 Lemon Pepper Fish over Rice Pilaf Cauliflower w/ Cheese Sauce Cherry Crisp Cole Slaw Choice of Bread / Marg. Choice of Milk</p>
<p>4 <b>CLOSED</b> <b>Frozen Meals</b> <b>Available</b> <b>Upon Request</b></p>	<p>5 Smoked Sausage Cheddar Mashed Potatoes Sauerkraut w/ Caraway Seed 100% Fruit Juice Choice of Bread / Marg. Choice of Milk</p>	<p>6 Johnny Marzetti w/ Cheese Tossed Salad / Dressing Mixed Vegetables Peaches Garlic Breadstick / Marg. Choice of Milk</p>	<p>7 Chicken Salad w/ Croissant Cream of Potato Soup Celery Sticks w/ Ranch Dressing Fresh Orange Cookies Choice of Milk</p>	<p>8 Baked Roast Beef Whole White Potatoes in Broth Glazed Carrots Apple Juice Choice of Bread / Marg. Choice of Milk</p>
<p>11 Pineapple Glazed Pork Chop Roasted Baby Baker Potatoes Spinach Cinnamon Applesauce Choice of Bread / Marg. Choice of Milk</p>	<p>12 Mesquite Baked Chicken Parsley Red Potatoes Garden Blend Vegetables Cranberry Juice Buttermilk Biscuit / Marg. Choice of Milk</p>	<p>13 Cubed Steak in Mushroom Gravy Mashed Potatoes Creamed Corn Apricots Choice of Bread / Marg. Choice of Milk</p>	<p>14 Meatloaf Au Gratin Potatoes Peas &amp; Pearl Onions Fresh Banana Choice of Bread / Marg. Choice of Milk</p>	<p>15 Beef Ravioli w/ Meat Sauce Key Largo Vegetables Stewed Apples Grape Juice Choice of Bread / Marg. Choice of Milk</p>
<p>18 Breaded Pork Fritter w/ Gravy Diced Potatoes Brussels Sprouts 100% Fruit Juice Choice of Bread / Marg. Choice of Milk</p>	<p>19 Chicken Alfredo over Fettuccini Tossed Salad / Dressing Broccoli Fresh Orange Garlic Breadstick / Marg. Cake w/ Icing Choice of Milk</p>	<p>20 Beef Stew w/ Vegetables Green Beans Pears Grape Juice Buttermilk Biscuit / Marg. Choice of Milk</p>	<p>21 Maple Bacon Glazed Sliced Ham Baked Sweet Potato Lima Beans Pineapple Tidbits Dinner Roll / Marg. Choice of Milk</p>	<p>22 Fajita Chicken w/ Peppers, Onions, Cheese, Sour Cream &amp; Tortilla Shells Yukon Gold Potatoes Southwest Calico Corn Fresh Fruit Choice of Milk</p>
<p>25 Rotini w/ Meat Sauce Italian Blend Vegetables Spiced Peaches Sunshine Salad Choice of Bread / Marg. Choice of Milk</p>	<p>26 Herb Roasted Pork Loin Mashed Potatoes w/ Gravy Mixed Vegetable Casserole Fresh Banana Dinner Roll / Marg. Choice of Milk</p>	<p>27 Chili w/ Shredded Cheddar Cheese &amp; Crackers Fruited Jell-O Pickled Beets Raisins Corn Bread / Marg. Choice of Milk</p>	<p>28 Honey Mustard Grilled Chicken Breast Buttered Potatoes Carrots Fruit Cocktail Choice of Bread / Marg. Choice of Milk</p>	<p>29 Cheeseburger w/ Bun, Lettuce &amp; Tomato Diced Potatoes O'Brien Baked Beans Fresh Apple Cookies Choice of Milk</p>