

August 2017 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>We invite you to join us for lunch at the Guernsey County Senior Center, Cambridge Heights, Byesville, Cumberland, Pleasant City or Londonderry sites. Lunch is served at 11:30—1:00.</p>	<p style="text-align: center;">1</p> <p>Potato & Cheese Pierogies w/ Onions Southern Fried Cabbage w/ Bacon Cherry Dump Cake Grape Juice Choice of Bread / Marg. Choice of Milk</p>	<p style="text-align: center;">2</p> <p>Sweet & Sour Chicken over Rice Asian Blend Vegetables Glazed Pineapple Tidbits Orange Juice Choice of Bread / Marg. Choice of Milk</p>	<p style="text-align: center;">3</p> <p>Roast Beef & Kluski Noodles Mashed Potatoes Baby Carrots Pears Choice of Bread / Marg. Choice of Milk</p>	<p style="text-align: center;">4</p> <p>Spaghetti w/ Meat Sauce French Style Green Beans Cucumbers & Onions in Vinegar Plums Garlic Breadstick / Marg. Choice of Milk</p>
<p style="text-align: center;">7</p> <p>Hamburger Gravy over Mashed Potatoes Mixed Vegetables Cinnamon Applesauce Choice of Bread / Marg. Choice of Milk</p>	<p style="text-align: center;">8</p> <p>Monterey Chicken Breast Buttered Potatoes Oven Fried Hominy Fresh Orange Choice of Bread / Marg. Choice of Milk</p>	<p style="text-align: center;">9</p> <p>Fish Sticks w/ Tarter Sauce Hash Brown Casserole Spiced Peaches Cole Slaw Hushpuppies Choice of Milk</p>	<p style="text-align: center;">10</p> <p>Glazed Ham Loaf Sweet Potato Praline Casserole Corn Ambrosia Salad Dinner Roll / Marg. Choice of Milk</p>	<p style="text-align: center;">11</p> <p>Cheeseburger w/ Bun Seasoned Cubed Hash Brown Potatoes Baked Beans Banana Cookies Choice of Milk</p>
<p style="text-align: center;">14</p> <p>Turkey Wrap w/ Spinach & Cheese Potato Salad Lime Jell-O Cabbage Salad Apple Juice Brownie w/ Nuts Choice of Milk</p>	<p style="text-align: center;">15</p> <p>Vegetable Lasagna Tossed Salad / Dressing Green Beans Apricots Garlic Breadstick / Marg. Choice of Milk</p>	<p style="text-align: center;">16</p> <p>Cubed Pork Cutlet w/ Gravy Scalloped Potatoes Carrots Cranberry Juice Choice of Bread / Marg. Choice of Milk</p>	<p style="text-align: center;">17</p> <p>Salisbury Steak in Gravy Smashed Yukon Gold Potatoes Lima Beans Fresh Fruit Choice of Bread / Marg. Choice of Milk</p>	<p style="text-align: center;">18</p> <p>Breaded Chicken Tenders w/ BBQ Thyme Roasted Red Potatoes Peaches Broccoli Salad Choice of Bread / Marg. Choice of Milk</p>
<p style="text-align: center;">21</p> <p>Bratwurst w/ Peppers, Onions & Bun German Potato Salad Pears Sauerkraut Salad Choice of Milk</p>	<p style="text-align: center;">22</p> <p>Creamy Macaroni & Cheese Stewed Tomatoes Apple Crisp 100% Fruit Juice Choice of Bread / Marg. Choice of Milk</p>	<p style="text-align: center;">23</p> <p>Chef Salad w/ Dressing & Crackers Three Bean Salad Fresh Orange Cake w/ Icing Choice of Milk</p>	<p style="text-align: center;">24</p> <p>Italian Marinated Chicken Breast Buttered Potatoes Key Largo Vegetables Applesauce Dinner Roll / Marg. Choice of Milk</p>	<p style="text-align: center;">25</p> <p>Country Fried Steak w/ Gravy Diced Potatoes Peas Fruit Cocktail Choice of Bread / Marg. Choice of Milk</p>
<p style="text-align: center;">28</p> <p>Chicken Cordon Bleu Parsley Red Potatoes Broccoli Fresh Apple Dinner Roll / Marg. Choice of Milk</p>	<p style="text-align: center;">29</p> <p>Baked Pasta Casserole Zucchini Peach Cobbler Grape Juice Choice of Bread / Marg. Choice of Milk</p>	<p style="text-align: center;">30</p> <p>Shredded BBQ Beef w/ Bun Seasoned Waffle Fries Cauliflower w/ Cheese Sauce Fresh Fruit Chocolate Chip Cookies Choice of Milk</p>	<p style="text-align: center;">30</p> <p>Pork Loin w/ Corn Bread Stuffing Mashed Potatoes w/ Gravy Mixed Vegetables Cranberry Fruited Jell-O Choice of Bread / Marg. Choice of Milk</p>	<p>If you have any questions about our nutrition services please call Hollia Husk, Nutrition Supervisor at 740-439-5717 or toll free at 1-866-534-2349. Each meal includes a choice of white, wheat, or specified bread and a choice of 2% or Skim Milk.</p>